



# CAVE SPRINGS CAMP

## School Day Field Trip

### ITEMS TO PACK

- Hat, Sunscreen
- Insect Repellent (non-aerosol)
- Running Shoes or Hiking boots
- Rainwear
- Jacket and warm clothes if the field trip is during a colder month
- Reusable Water-Bottle
- Please do not bring:
  - Cell phone
  - Electronics
  - Knives
  - Money
  - Anything expensive that could get broken or lost
- Please note that we are not responsible for lost items.

### FOOD

- Bring a bagged lunch for your student's lunch. Please note that Cave Springs **strives to be free of nuts** and therefore, we ask students to bring nut-free lunches.

### WEATHER

- Outdoor activities will continue in the rain, unless the amount of rainfall is too heavy for activities or there is thunder or lightning. If rain does not permit outdoor activities, we will lead indoor activities at Cave Springs.

### Cave Springs Camp

Cave Springs Camp, 4410 Cave  
Spring Rd, Lincoln, Ontario, L3J OW3

